



Kitchen Helper

Posted by: R&J Concessions Inc.

Location: Calgary

Salary: \$17 Per Hour

Job Details

Job ID

NCJ2690557

Posting Date : 14-Jan-2026

Expiry Date : 13-Jul-2026

Education : No degree/ diploma

Language : English

Vacancies : 7

Years of Experience : Fresher (less than 1 year)

Job Type : Full Time

Job Description

R & J Concessions INC

Job details

Calgary, AB T2G 2W1

On site

17.00 hourly/40 hours per week

Seasonal employment

Full time

Early morning, Evening, Shift, Morning, Day, Weekend, Overtime required, Overtime available

Start date: 2026-06-28

End date: 2026-07-15

Benefits:

Other benefits

7 vacancies

Job Bank

#3482934

Overview

Languages

English

JOB POSTING ADVERTISED

Kitchen helper ?

Education

No degree, certificate or diploma

Experience

Experience an asset

On site

Work must be completed at the physical location. There is no option to work remotely.

Work setting

Room and board provided

Responsibilities

Tasks

Clean and sanitize items such as dishwasher mats, carts and waste disposal units

Operate dishwashers to wash dishes, glassware and flatware

Place dishes in storage area

Replenish condiments and other supplies at tables and serving areas

Sanitize and wash dishes and other items by hand

Scour pots and pans
Portion and wrap foods
Prepare, heat and finish simple food items
Clean and sanitize kitchen including work surfaces, cupboards, storage areas, appliances and equipment
Handle and store cleaning products
Receive, unpack and store supplies in refrigerators, freezers, cupboards and other storage areas
Remove kitchen garbage and trash
Sweep, mop, wash and polish floors
Wash, peel and cut vegetables and fruit
Additional information
Transportation/travel information
Willing to travel
Work conditions and physical capabilities
Fast-paced environment
Handling heavy loads
Physically demanding
Repetitive tasks
Standing for extended periods
Work under pressure
Weight handling
Up to 23 kg (50 lbs)
Personal suitability
Reliability
Team player
Benefits
Other benefits
Free parking available
On-site housing options
Transportation provided by employer
Who can apply for this job?
You can apply if you are:

a Canadian citizen

a permanent resident of Canada

a temporary resident of Canada with a valid work permit

Do not apply if you are not authorized to work in Canada. The employer will not respond to your application.

How to apply

Direct Apply

By Direct Apply

Additional ways to apply

rnjconcessionsinc@gmail.com

To apply for this job vacancy, please send your resume along with a cover letter and a reference letter from your previous employer to the following email: rnjconcessionsinc@gmail.com

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